





Not had time to look carefully yet.

What is the deadline?

Ta Mark

Message sent from a Blackberry handheld device.

**From:** [redaction]      **Sent:** 09/03/2009 15:58 GMT  
**To:** Mark Prunty  
**Cc:** [redaction]  
**Subject:** Tap Water

Mark,

The draft Mandatory Code contains a requirement for all premises to provide free tap water.

The rationale is "to ensure customers have the opportunity to mitigate the intoxicating effects of alcohol whilst out drinking".

Do you think this form of words is sufficiently accurate?

To confirm my own understanding (which I hope is correct), I think that:

- Water does not make people less drunk per se.
- However you might drink less alcohol if you are alternating water with alcoholic drinks.
- Drinking water makes you less dehydrated, meaning you will feel better the next day.

For this reason, our advice to binge drinkers (e.g in Home Office binge drinking leaflet) includes the following tips:

- drink water regularly and before you go to bed after a night out
- alternate alcoholic drinks with soft drinks or water

I think the crucial point point is whether you think the code wording above implies water makes you less drunk, and whether that's misleading. If this is the case, could you suggest an alternative form of words?

Thanks Mark,

[Redaction]  
Senior Policy Officer  
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